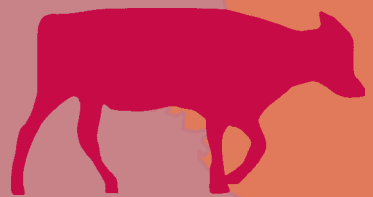


# CENTRAL AND EASTERN EUROPE

Because it covers such a large land area, Central and Eastern Europe is home to many languages, cultures, histories and traditions. The more than 20 countries that make up Central and Eastern Europe include some you probably know, like Germany and Poland, and some you may not know, like Romania, Belarus and Armenia.

## SHTUTICA VILLAGE, DRENAS, KOSOVO



### Isa Ademi

Isa's cow is giving back what war took away.

When Isa was a baby, a war was fought in his country of Kosovo. Isa's mother and grandmother struggled for many years. They were alone with no way to earn an income. And Isa was too young to help. Sometimes his mother felt desperate. She worried about her son's future.



KOSOVO

ARMENIA

## YEREVAN, ARMENIA

### Rosa Ghazaryan

Goats are bringing a smile to Rosa's face.

Rosa's large family could not always afford enough food to eat, and she and her nine brothers and sisters would sometimes go to bed hungry.

That was until Heifer International gave Rosa's family a small herd of goats. The goats produce milk, and what the family doesn't drink or use to cook can be sold to other families. The family can now buy clothes, medicine and other needed things. Rosa smiles because she is happy!



## What is Heifer International?

Heifer International helps people all over the world. Heifer gives families in need farm animals, like cows, goats, chickens and even water buffalo! These animals keep the families healthy and give them ways to make money. When the family's animal has babies, the family will Pass on the Gift of that animal to another family who needs help. That way, everyone is happy.

[www.HeiferEducation.org](http://www.HeiferEducation.org)