

# Final Steps

You and your class have almost crossed the finish line, and by now you've realized ending world hunger and poverty is a marathon, not a sprint. In your final steps, please:

## Give ...

If your class raised funds for Heifer during the course of the year, now is the time to total those monies and discuss with the class which animal(s) to give. Information about specific animals and project locations can be found at [HeiferEducation.org](http://HeiferEducation.org) or <http://catalog.heifer.org>. Be sure to discuss how the chosen animal(s) will benefit their recipients.

To help the greatest number of families move toward self-reliance, Heifer does not use its limited resources to track gift animals from donation to distribution to specific families. Instead, your gift supports the entire Heifer mission. We use your gift where it can do the most good by combining it with the gifts of others to help transform entire communities. Heifer's unique community development model assisted more than 150,000 families last year with gifts of animals, training and passing on the gift. In addition, members of 250,000 additional families received special training in sustainable farming techniques. Heifer International is a 501(c)(3) organization.

Go online to give. You will find many ways to give your students' gifts to Heifer at [www.HeiferEducation.org](http://www.HeiferEducation.org).

## Or

Fill out the Donation Envelope included in this kit and mail the envelope and donations to Heifer International, P.O. Box 8050, Little Rock, AR 72202. If you have questions, please call 877-275-7323 or e-mail [SchoolPrograms@heifer.org](mailto:SchoolPrograms@heifer.org).

Certificates for your students and your class are available at the conclusion of the program. You can get certificates by visiting [www.HeiferEducation.org/certificates](http://www.HeiferEducation.org/certificates). The certificates can be downloaded and printed immediately for your use. If you have questions, please call 877-275-7323 or e-mail [SchoolPrograms@heifer.org](mailto:SchoolPrograms@heifer.org).

Check out "Animal Gifts" (on the next page) for more giving opportunities.

## Provide ...

Feedback about your experiences with the Global Education Resource Kit is essential to the program's continued success. Visit [www.HeiferEducation.org/feedback](http://www.HeiferEducation.org/feedback) and fill out a quick and easy feedback form. Other comments and questions can be e-mailed to [SchoolPrograms@heifer.org](mailto:SchoolPrograms@heifer.org).

Now is also a good time to evaluate your use of the Global Education Resource Kit. What lessons and action ideas did you implement, and how effective were they? Did you use all the lessons from the kit, or just a few? What are you going to do differently during the next school year?

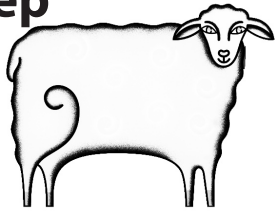
## Share ...

Share your experiences and success with other teachers, community leaders and local media. Tell them what a difference global education is making in your students and your school. Visit [www.HeiferEducation.org](http://www.HeiferEducation.org) for related resources and to collaborate with other educators.



# Animal Gifts

## Sheep



### Sheep Are a Sure Thing

Many communities around the world depend on wool, meat and even milk from sheep. Families use sheep's wool to make clothes or sell for extra income. Sheep often give birth to twins or triplets and can graze even in the hilliest, rockiest pastures.

Where the soil is very fragile, Heifer trains people to keep the sheep in zero-grazing pens with room for the animals to eat, sleep and exercise (a kitchen, bedroom and a gym!). Zero-grazing pens protect animals from diseases and predators. The manure is collected from under the pen and is used for fertilizer to improve soil and pasture land. **Gift of a Sheep: \$120. Share of a Sheep: \$10.**

### Maira's Story

Most kids like to cuddle up with their pets, like their dogs or cats. Maira cuddles up with her sheep. No, it is not a pet. Maira's sheep is more important than a pet. It is her security, her ticket to a better life. Her sheep has changed her destiny.

Maira lives in a small community in the northern part of New Mexico. These days, when you go down the street in Maira's town, you might hear music and laughter. Smells of delicious food float out of the open kitchens where women pat out tortillas with their hands and stir beans. Everyone has a friendly word to say to each other. They are all like family.

But it wasn't always that way. These families are all very poor, and were once struggling so hard to just stay alive that there was no time for fun or much friendliness. People did not share with one another because they had nothing to share.

Since Heifer International brought cows and sheep to Maira's community in 1998, everyone's life has changed. Friends and neighbors support one another and work together as one big happy family with enough to eat and hope for the future!

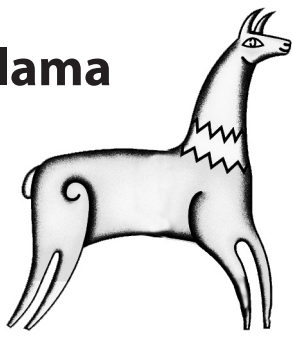
There is another radical change happening in Maira's community. The women have been given just as much responsibility to take care of the animals as the men. This is a requirement of Heifer International. Heifer ensures that men and women are equal partners in planning, decision-making, working with the animals and reaping the benefits of a project.

As a result, the women in Maira's community have received the same training as the men, and they have equal say in making major decisions regarding their animals. The women have gained the skills they need to achieve self-reliance - and earned new respect in their community.

Maira's destiny has been altered in many ways, thanks to a gift of sheep from Heifer International.



## Llama

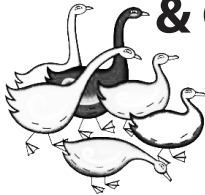


### Laudable Llamas

It's easy to sing the praises of llamas. At home in rough, mountainous areas, llamas provide transportation and wool, which is prized for making blankets, ponchos, carpet and rope. Families can sell these products for extra income.

Llamas are hearty (don't get sick often) and require little care. They can live at high altitudes where their padded feet are easy on the fragile earth. **Gift of a Llama: \$150. Share of a Llama: \$20.**

## Ducks & Geese



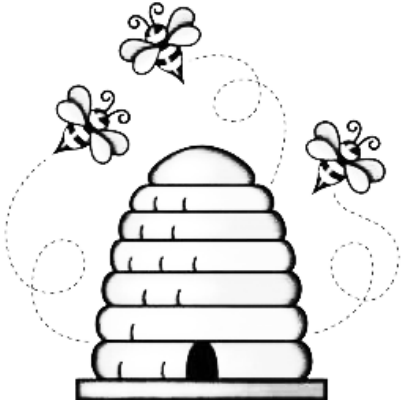
### Duck, Duck, Goose

Ducks and geese are very useful domestic (meaning not wild) animals. They are easy to raise, don't require much shelter and can adapt to hot, wet or cold weather. They can find some of their own food and eagerly eat weeds, slugs and snails while they fertilize the garden with their droppings.

Ducks and geese are efficient egg producers. Quality geese lay about 75 large eggs a year and ducks can lay up to 200. Heifer families pass fertilized eggs or young birds on to others in need.

With their geese, Heifer families also get vigilant "watchdogs." (Ever try to hush a gaggle of honking geese?) **Flock of Ducks or Geese: \$20.**

## Bees

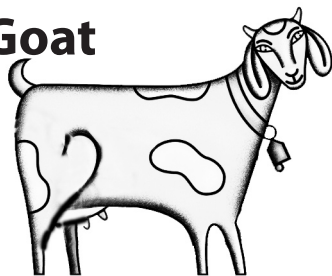


### The Beauty of Bees

The way bees work together is a lesson for us all. They produce food, care for their young, recycle waste and create an effective, efficient community. Bees are easy to keep. They require almost no space and once the hives are established, they are inexpensive to maintain. After all, humans don't have to feed bees!

As bees search for nectar (their food), they pollinate plants. Placed in the right places, near fruit trees and vegetable gardens, beehives can as much as double fruit and vegetable yields. Heifer bees and a hive provide families with better crops, candle wax, pollen for medicine, and honey to eat and sell. **Gift of Honeybees: \$20.**

## Goat



### Get Your Goat!

Goats can thrive in extreme climates and on poor, dry land by eating leaves, weeds and grass that humans don't eat. Many of the world's people rely on them for milk!

A dairy goat can supply a family with up to four quarts of nutritious milk a day - just about the right amount if you don't have a refrigerator. They can sell the extra milk for income or make it into cheese or yogurt.

Families use goat manure to fertilize plots of trees and vegetable gardens. Goats often have two or three kids a year. (Yep, humans and goats both have "kids"!) **Gift of a Goat: \$120. Share of a Goat: \$10.**

## Heifer



### Not a Cup But a Cow

Hurray for heifers - that's a female cow that has not yet given birth to a calf. A quality dairy cow can produce four gallons of milk a day - enough for a family to drink, share with neighbors and sell for cash.

By adding protein to their diets, milk helps make undernourished children healthy. The sale of surplus milk earns money for school fees, medicine, clothing and home improvements. Each family that receives a heifer passes on the gift of the first female calf to another family. **Gift of a Heifer: \$500. Share of a Heifer: \$50.**

### Ionut's Story

When Ionut enters the dairy barn on his family's farm, the cows show their pleasure and instinctively move toward him. He talks to them with a quiet, confident voice, a kind word for each one. He strokes their coats gently, and he moves between the cows slowly so they are never startled.

Ionut loves his life with his cows, a life that he could only dream of a few years ago. He lives outside of the village of Sintandrei in western Romania. He and dozens of his brothers and sisters live on a large dairy farm they call Caminul Felix, or Happy Shelter.

Ionut and others came to Caminul Felix after being rescued from a terrible life by Mr. Clark Phillips, a local farmer. Once rescued and adopted, the children were now safe from unspeakable situations, but how would Mr. Phillips support all of these children?

Mr. Phillips heard about Heifer International and contacted them. After extensive training in dairy management, he and the children received 22 holstein cows.

Mr. Phillips says that from the day Ionut began working with the cows, a miracle began to happen. Ionut began to blossom, to have more self-confidence. Over time, Ionut learned how to coax more milk out of his cows than anyone else. He could spot changes in a cow's behavior quickly that alerted him to an upcoming problem.

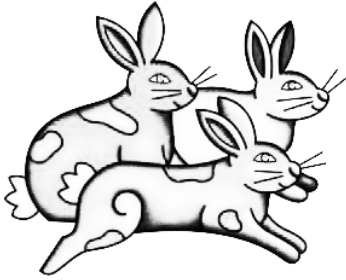
More miracles happened. After just two years, the children were so successful with their cows that they were able to pass along a new generation of young cows to struggling farmers in the nearby village of Corus.

The Corus farmers have not forgotten the children's kindness. They have formed a group called "Farmers Feed the Children," and they deliver hundreds of quarts of milk to children at a nearby children's hospital twice a week.

A wonderful chain reaction of kindness and self-sufficiency was started in western Romania, at a place called Happy Shelter.



## Rabbits



### Rabbits Rule

A gift of rabbits to a family with little land and few resources yields remarkable results.

Rabbits are easy to raise. To thrive, they just need to stay warm and dry and eat simple foods like carrot tops, potato vines and grasses. Rabbit manure can be applied directly to gardens to make them produce more crops or vegetables.

Because rabbits have as many as 40 offspring a year (wow!), the gift multiplies quickly, benefiting many families. Rabbits provide families with a steady source of protein and income.

**Trio of Rabbits: \$60. Share of Rabbits: \$10.**

### Three Brothers

Surendenra, Abhishek and Abhinash, who live in a village in Nepal about 20 miles south of the capital of Kathmandu, had a really big problem. Not having enough to eat was bad enough. But worse to them was not being able to go to school. Their mother was just too poor to afford the books and school supplies.

This all changed the day three very large and fluffy Angora rabbits arrived at their house, a gift from Heifer International.

Their mother, Rahar, was one of several women in the village who were being trained by Heifer International to raise Angora rabbits. The women received many hours of instruction on everything from how to build rabbit hutches (cages) to how to shear rabbit fur to sell at market.

The women also learned how to work together as a community. With Heifer's help, they've formed a women's group where they are able to share ideas and help one another. They also are finding new ways to earn income and better their lives. Together, they are strong and confident.

These days, Surendenra, Abhishek and Abhinash help take care of their precious rabbits. They don't mind; in fact, they enjoy it! One of the boys holds the rabbit while another carefully brushes the soft, thick fur with special brushes, keeping it free from mats and insects. When they are done brushing, the boys gather fodder and leftovers from their family's garden to feed the rabbits.

Every three months, they help their mother cut the rabbits' hair. The soft fur sells for about \$27 a pound, a great deal of money in Nepal where the average annual income is about \$200 a year.

So now when they are not working with rabbits or in their garden, you will find Surendenra, Abhishek and Abhinash in school. They study history and mathematics as their good fortune - and rabbits - seem to magically multiply!



## Trees



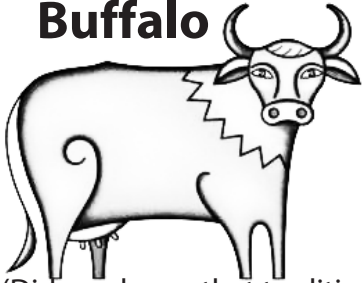
### Treasure the Trees

Okay, so trees aren't animals! But Heifer International is determined to provide an alternative to eroded hillsides, vanishing farmland and forests, polluted water and urban sprawl. There may not be ONE BIG SOLUTION, but lots of little ones.

All Heifer projects are about helping both people and the land.

Trees are essential to life on earth. They breathe out oxygen and breathe in carbon dioxide. They hold water in the soil and moisture in the air. They provide food and medicines for birds, animals and people. That's why planting fast-growing trees is often the first step when families and communities begin working with Heifer. They put nitrogen back into the soil, serve as wind breaks and provide animal feed, fencing and firewood. **Tree Seedlings: \$60. Share of Seedlings: \$10.**

## Water Buffalo



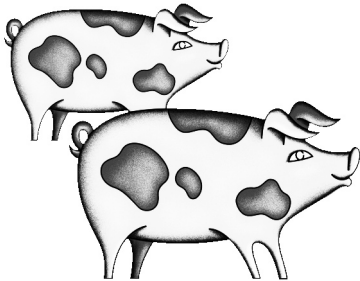
### The Wonders of the Water Buffalo

In resource-poor villages in India or the Philippines, water buffalo provide milk for protein, manure for fertilizer and fuel, and plowing power for planting rice and potatoes. A farmer can plant four times more rice with a buffalo than by hand.

Water buffalo haul heavy loads to market, where the sale of extra produce brings in income for clothing, medicine and school. By renting buffalo to neighbors, families can earn more money.

(Did you know that traditional Italian mozzarella - the soft, elastic cheese commonly used in pizza originated with water buffalo milk? Think about the wonders of water buffalo next time you chomp down on a piece of pizza, extra cheese please!) **Gift of a Water Buffalo: \$250. Share of a Water Buffalo: \$25.**

## Pigs

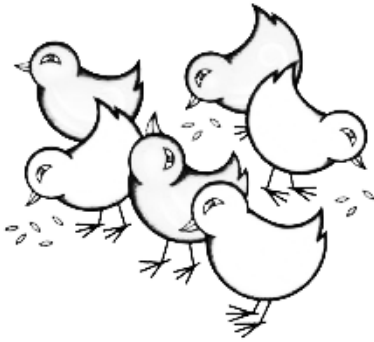


### Pigs for Progress

Pigs are among the world's most popular farm animals. The reason? They're prolific! With up to 20 piglets a year that can weigh as much as 200 pounds in six months, families with Heifer pigs often double their income. And there are plenty of offspring to pass on to others in need.

Heifer teaches families to house their valuable pigs in clean, shady pens and feed them carefully. Pigs eat a lot, but they don't need to compete with humans for food - they can even consume crop and vegetable waste. In return, they produce manure to enrich the garden, body-building protein to supplement a starchy diet and money for necessities like school, clothes and housing. Farm animals like pigs are "living bank accounts" (piggy banks!) for poor families. **Gift of a Pig: \$120. Share of a Pig: \$10.**

## Chicks



### Chicks: A Champion Choice

Starting at six months, a good hen can lay up to 200 eggs a year - a reliable source of protein for those children who otherwise would live mostly on starches. Extra eggs can be sold to pay for school, clothes and medicine.

Because chickens require very little space and can thrive on readily available food scraps, families can make money from the birds without spending too much. In the vegetable garden, chickens peck at bugs and weeds, scratch up the soil and enrich it with their droppings - so they improve diets and crops. Chicks help children from Cameroon to China! **Flock of Chicks: \$20.**

## Knitting Basket



A "Knitting Basket" includes two llamas and two sheep - one male and one female of each animal famous for their warm, income-producing wool.

From shearing to spinning to finally selling woolen goods at market, a "Knitting Basket" can help families earn enough income to weave a new future full of hope and self-sufficiency.

**Gift of a Knitting Basket: \$500.**

## Milk Menagerie



The "Milk Menagerie" includes one quality-breed heifer, two goats and a water buffalo—that's four milk-producing animals!

After families who are to receive the animals get extensive training in livestock management, they will enjoy gallon after gallon of nutritious milk from each animal in the Milk Menagerie.

**Gift of a Milk Menagerie: \$1,000.**

**Heifer is committed to pairing families in need with the livestock and training best suited for their culture and location.**

**Sometimes that means chickens, sheep, water buffalo, goats or even bees.**

## What about the animals?

Young people are naturally curious and caring, so they will often ask about the welfare of the animals that Heifer International provides to families in need. As an educator, feel free to turn these sometimes sensitive questions into wonderful discussions about the mutually beneficial relationships between people and animals.

Students should know that, in exchange for providing labor, financial security, manure, wool, transportation and protein, Heifer animals receive clean water, food, protection from predators, comfortable housing and, above all, humane treatment.

The well-being of livestock reared by families in Heifer's global projects is critical to Heifer's work and mission. Heifer's strictly followed Animal Welfare Guidelines include:

- Proper feeding: Safe drinking water and adequate feed to help animals grow, have new offspring and work with the families.
- Proper selection: Providing the right animals for the environment, the available feed supplies and markets for the animals' products.
- Proper health care: Helping animals stay healthy with good feed, the right vaccinations, health care when animals get sick and protection from major diseases.
- Proper housing: Protection from bad weather, a good place to rest and care for feet, legs and skin.
- Proper care for the environment: Protection of water resources, control of erosion and full use of manure for crops.

It is important for you and your students to know that Heifer project partners take great pride in owning livestock and consider the well-being of the animal(s) a primary responsibility. For more information about how to respond to animal welfare questions, as well as other frequently asked questions about Heifer International, visit [www.HeiferEducation.org](http://www.HeiferEducation.org).

## Thank You!

**On behalf of Heifer International, its staff, donors, supporters and project partners around the world, THANK YOU! Your efforts to end world hunger and poverty are important and appreciated.**

**FEED YOUR MIND.  
TAKE ACTION.  
END HUNGER.**



## **Acknowledgements:**

The Global Education Resource Kits for Pre-Kindergarten through Grade 6 were developed in collaboration with the Center for Teaching International Relations at the University of Denver and Heifer International's Elementary School Programs Advisory Council. We give our sincerest thanks to the following individuals for their expertise, energy and enthusiasm for helping children to make a difference:

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